

Ilaria's Italian KITCHEN



Luma Coratina Extra Virgin Olive Oil

APART from the well-known benefits of extra virgin olive oil, there is something uplifting about having very high-quality products in the kitchen, especially during the summer months when we eat more salad and at least try to enjoy a healthier diet.

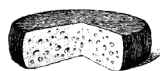
A prime example is Luma Coratina Extra Virgin Olive Oil – Orcio Artigianale. A bold extra virgin olive oil made from 100% Coratina olives grown in Puglia. Intensely aromatic, with herbaceous notes and a distinctive peppery finish, this oil reflects the powerful character of one of southern Italy's most prized olive varieties. Unlike softer blended supermarket oils, Coratina oils are designed to be tasted, bringing structure, bitterness and character to simple dishes. The Lamacupa oils are cold-extracted to preserve freshness and aroma.

Presented in a handmade ceramic orcio, it pairs exceptional olive oil with traditional Apulian craftsmanship and is designed to be enjoyed at the table or given as a gift.

Mercato Italiano is a popular destination for authentic pizza, coffee, cocktails, and a great stop for lunch from 12-3pm, Monday to Saturday.

Newly launched, Mercato Pronto! now brings Ilaria's curated selection of rare, regional formaggi, salumi, and pantry essentials to kitchens across the UK.

Visit: [www.https://mercatopronto.uk](https://mercatopronto.uk) today.



Mercato Italiano

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