

**LIST OF RESOURCES IN THE GREATER BRIDPORT AREA
FOR VOLUNTEERS AND THE SELF-ISOLATING
CURRENT AS OF 22ND MARCH 2020**

National Online Pharmacies (Repeat Subscriptions)		
Echo Prescription	www.echo.co.uk	02080688067
Pharmacy2u	www.pharmacy2u.co.uk	0113 265 0222

Local Pharmacies			
Boots	West Street, Bridport	Six customers permitted to queue for the pharmacy but only two permitted at a time at the counter. Free NHS prescription delivery available.	Monday to Saturday: 8:30am to 4:30pm (9:30 to 4:30 from Monday 23rd March) Sunday: 11am to 2pm 01308 422475 https://www.boots.com/

Lloyds	Bridport Medical Centre, West Allington, Bridport	For the safety staff, only five customers allowed inside at a time for prescriptions. Please use the outside door to queue. A member of staff will let you in and out.	Monday to Friday: 8:30am to 6:30pm Saturday: 8:45am to 12:30pm Sunday: closed 01308 424350 http://www.lloydspharmacy.com/
Well+	East Street, Bridport	Free NHS prescription delivery available. Currently implanting a two customer maximum at a time.	Monday to Friday: 9am to 5:30pm Saturday: 9am to 1pm Sunday: closed 01308 422100 https://www.well.co.uk/

Cafés, Pubs and Restaurants				
Baboo	Salwayash	Gelato ice cream delivered direct to your door or company.	Delivery only	01308 488629 or email sales@baboogelato.com
Beach & Barnicott	South Street, Bridport	Fridays and Saturdays, 6pm to 10pm. Cash only.	Takeaway and delivery	+44 1308 807002 or via website

BearKat Bistro	Barrack Street, Bridport	Vegetarian. Order dinner for a neighbour in need. £5 per meal – extra donations welcome – through their Crowdfunder initiative via their Facebook page.	Delivery only	bearkatsupper@outlook.com
Cherries	West Bay	Ice cream parlour, bagel bar, hot lunches. Also taking orders and delivering fruit and vegetables, meat, milk, eggs and toilet roll. Please message Cherries through Facebook or telephone.	Takeaway (menu food) only	01308 301207 or message through Facebook
The Cornish Bakery	West Bay	Restaurant closed. Pasty box deals available – ten mixed flavours for £25 or six large traditional pasties for £23.50. Can be supplied frozen or cooked but please give one hours' notice for the latter. Card payment only.	Takeaway only	01308 458256
Dark Bear	Barrack Street, Bridport	Bottled and canned cocktails delivered to the Bridport, Beaminster and Dorchester areas but others considered on inquiry. Please see their Facebook page for menu. Order by 5pm for same evening delivery.	Delivery only	01308 538338 or message through Facebook

<p>The George</p>	<p>Chideock</p>	<p>Bar and restaurant closed. We can deliver alcohol and soft drinks including your favourite cask ale. 20% discount for all take away orders. Village delivery (free) within one mile only. Delivery available daily. Pizza night on Thursdays. Phone, email or visit their Facebook for menu. General assistance available to self-isolators in the village.</p>	<p>Takeaway and delivery</p>	<p>01297 489419 or message through Facebook georgeinnchideock@outlook.com</p>
<p>The Half Moon</p>	<p>Melpash</p>	<p>Bar and restaurant closed. Delivery in Netherbury parish only. See their Facebook page for menu and (pre-order) times. General assistance available to self-isolators in the village.</p>	<p>Takeaway and delivery</p>	<p>01308 488 321</p>
<p>The Hare and Hounds</p>	<p>Waytown</p>	<p>Bar and restaurant closed. Local delivery to Netherbury, Waytown and Salwayash only. Phone for menu and times. We are offering one pot suppers for £5 each. We will also be taking orders for Mother's Day (22nd March) and Sunday lunch orders. Please place them by 3pm on Saturday.</p>	<p>Delivery only</p>	<p>01308 488203</p>
<p>Kernow Pantry</p>	<p>Brydian Mews, West Street, Bridport</p>	<p>Pasties, turnovers, soft drinks and sweets. Local delivery at no extra charge. Minimum order of four pasties. Cash on delivery.</p>	<p>Takeaway and delivery</p>	<p>01308 422833 or message through Facebook</p>

Leando's Pizza	mobile	Currently based at Salwayash village hall. See their Facebook page for a menu.	Takeaway only	07557 774882 leandospizzas@mail.com https://www.leandospizzas.com
L&F Fish and Chip Van	mobile	Visit their Facebook page for times and locations.	Takeaway and delivery	07803 257674
Longs Fish and Chips	King Street and West Street, Bridport	Restaurants closed. If you would prefer not to wait for your takeaway order please phone ahead and we will have it ready for you. Orders and payments can be taken over the phone.	Takeaway only	01308 423199
No. 8 Traditional Fish & Chips	West Bay, Bridport	Serving takeaway as normal but now taking telephone pre-orders. Cashless payment preferred. Open Saturday and Sunday 11.30am till 4.30pm.	Takeaway only	07376606036
The Olive Tree	East Street, Bridport	Restaurant closed. Fine dining at home. Available 12 to 2pm and 6 to 9pm. Please telephone for menu options.	Takeaway only	01308 422882
Rachel's	West Bay	Sit down option suspended. Fresh local seafood. Cash only. Open Friday to Monday from 11.00am to 3.30pm.	Takeaway only	07974 314277

The Red Brick Café	St Michael's Trading Estate, Bridport	Sit down option suspended. Minimum order £6 on deliveries (cash only). Order before noon for delivery between 12 & 1.30pm. Vegetarian and vegan option available.	Takeaway and delivery (three mile radius)	07868 752329 or message via Facebook
Sammi G's	West Bay	Sit down option suspended. Pasties, cakes, hot drinks and ice cream shakes to takeaway. Boxes of six pasties available for £16.50 (suitable for home baking). Milk, eggs, teabags and biscuits also available. See their Facebook page for a menu.	Takeaway only	01308 421702
Seasider	West Bay	Restaurant and takeaway closed. However they are currently selling 25 kilo bags of spuds for £12.	Collection only	01308 427787 or message via Facebook
The Spyway Inn	Askerwell	Bar and restaurant closed. Takeaway and deliveries available Tuesday to Sunday. Delivery in the village only. See Facebook page for menu.	Takeaway and delivery	01308 485250

The Station Kitchen	West Bay	Locally sourced British cuisine. Wine available. Dinners and afternoon teas delivered on Saturdays only beginning 28 th March. Covering the Weymouth, Dorchester, Bridport and Lyme Regis areas. Free delivery.	Takeaway and delivery	01308 422845
The Sundorbon	South Street, Bridport	Restaurant closed. Indian cuisine. Delivery up to 6 miles from Bridport. We have our own website with app so you can order and pay online without using cash. Fast delivery times. Extensive menu. Contact Free Delivery upon request if you have pre-paid online.	Delivery only	01308 425266
Taj Mahal	East Street, Bridport	Indian cuisine. Free delivery 3 mile radius of Bridport minimum order £20. Meal offers available for two people. All food cooked to order and can be adjusted to own taste. Take away menu also available to download on their website. Payment by telephone.	Delivery only	01308 42100 www.tajmahalbridport.com
The Watch House Café	West Bay	Breakfast baps and pizza to enjoy on the beach or give us a call to order and enjoy at home. Delivering pizzas, burgers and fish and chips daily from 5 to 9pm to the greater Bridport area. Free Delivery free on orders over £30 - £5 fee for orders under £30. Please see our Facebook page for a menu.	Takeaway and delivery	01308 459330 07487521502

The Woodman	South Street, Bridport	Pub closed. We had a limited amount of cask ale available in portions of 4 pints only. £10 per serving. All money will be donated to Dorset and Somerset air ambulance so please bring cash only and pop it into the money box. First come basis and only between 5 and 7pm until we run out of stock. Please bring your own containers.	Takeaway	01308 456455
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Shops				
AJ Supplies	St Andrew's Industrial Estate, Shoe Lane, Bridport	Janitorial and catering supplies business. Limited amount of toilet paper packs available to the general public to collect.	Collection only (limited)	01308 423728
Angling Centre	West Bay	We are happy to serve you at the door if you know what you would like. Two customer maximum in the shop at any one time. Message us on Facebook or call and we can arrange local delivery or get the gear or bait you require ready for collection from our car park.	Collection and delivery (by arrangement)	01308421800

Auto-bitz	East Street, Bridport	Car parts and accessories downstairs with a cycle department. Delivery daily after shop closure (5.30pm). Minimum order £15.	Collection and delivery	01308 424380 richard@auto-bitz.co.uk http://www.auto-net.co.uk
Balsons	West Allington, Bridport	Britain's oldest butchers. All meat locally sourced where possible. Sausages a speciality. Exotic meats also available.	Collection and delivery	01308 422638 richard@rjbalson.co.uk https://rjbalson.co.uk/
Battens Jewellers	South Street, Bridport	Shop still open for business. Jewellery and timepiece repairs can be posted to you. We take telephone orders or can come to you if requested to replace your watch straps and batteries.	Collection and delivery	01308 456910
Bridget's Market	East Street, Bridport	Greengrocers. Also stockists of eggs, cheese, organic milk, baking goods, spices, etc. Fruit bags and vegetable boxes available.	Collection and delivery	01308 427096 or message via Facebook
Burton Bradstock	Burton	We are the only Post Office covering the Bride Valley. If you require a delivery in the village, West Bexington, Swyre and Puncknowle, we will be taking		01308 897243

Post Office and Farm Shop	Bradstock	orders on Mondays between 9am and noon for deliveries on Wednesday mornings. Please telephone on Wednesdays between 9am and noon for deliveries on Friday mornings. Minimum order £10.	Collection and delivery	maydownfarmshop@aol.com http://www.maydownfarm.com
Charmouth Bakery	Charmouth	The bakery shop will be open Mondays, Wednesdays and Fridays from 8.30am to 3.30pm and on Saturdays, 8am to 1 pm. We can deliver 6 days a week to our wholesale customers. Our bread is also available in Burton Bradstock Post office, Bradpole Post Office, Chideock Spar, Fruits of the Earth in Bridport, et al. We can also offer an emergency delivery service on Tuesday mornings to anyone who is self isolating in Charmouth. If any household or business is struggling to get hold of bread please telephone and we will be happy to try and help while we have supplies.	Collection and delivery (commercial and emergency only)	01297 560213 or message via Facebook
Dorset Nectar	Waytown near Beaminster	Apple juice, craft ciders and beers available through their online shop. Free delivery within ten miles.	Collection and delivery.	01308 488382 dorsetnectar@live.co.uk

Dorset Pedlar	South Street, Bridport	Incense, candles, essential oils and other spiritual supplies. Payments by phone accepted.	Collection and delivery	01308 420171 or message via Facebook
Footprints	East Street, Bridport	Stationers and printers. Email orders and pay over the phone or online.	Collection and delivery	01308 422511 or message via Facebook info@footprints.co.uk
Framptons	Town Hall, Bridport	All meat locally sourced where possible. £10 minimum spent. Orders put back on request. Regular offers advertised on Facebook.	Collection and delivery	01308 422995 or message via Facebook
Fruits of the Earth	Victoria Grove, Bridport	We are doing deliveries. Please telephone to find out more and place an order.	Collection and delivery	01308 425827
Groves	West Bay Road, Bridport	Garden suppliers. Pet supplies and fuel also available. Weekday deliveries only.	Collection and delivery	01308 422654
Hangers Dairy	North Mills Trading, Bridport	Milkman. Can also supply eggs, bread, fruit juices, flavoured milks, cheese, butter and yoghurt. See their Facebook page for complete product list.	Collection and delivery	01308 423308 or message via Facebook

Holy Cow Organic Milk	Salwayash (by John Bright's)	Self serve vending machine open 7am to 7pm. Card payment only. 1 litre bottles available to purchase for £2 on site or bring your own container. Please note if you are dispensing the 2 litre option you must have a container that is able to hold 2 litres as the milk will dispense continually. Local cheese, butter eggs, bacon, yogurt and apple juice also available.	Collection only	mail@holycoworganic.co.uk http://www.holycoworganic.co.uk
Leakers Bakery	East Street, Bridport	Artisanal bakers. Shop online on their website for next day delivery, Monday to Saturday, or order by telephone. Local deliveries within a three miles radius, by courier further afield.	Collection and delivery	01308 423296 http://leakersbakery.co.uk/
Londis Skilling	Alexandra Road, Bridport	Newspaper delivery available.	Collection and delivery.	01308 424434
Lyme Regis Butchers	Broad Street, Lyme Regis	Buy online, in store or over the telephone for free local delivery with ten miles of Lyme Regis. Meat boxes available.	Collection and delivery	01297 445000
MDS Meats	North Mills Trading Estate, Bridport	Butchers who raise their own meat locally. Boxes available. Pies and savouries a speciality.	Collection and delivery	01308 427152 07939 244678 mdsmeats@gmail.com

Mercato Italiano	North Mills Trading Estate, Bridport	Italian delicatessen.	Collection and delivery	0782 7524602 hello@mercatoitaliano.uk
Newlands Holiday Park	Charmouth	Contactless shopping service available. Place and pay for your order by phone or email. Delivered straight to your car boot in the car park. Get in touch for further details. Please be aware our phone lines may be busy. Open 9am till 6pm.	Collection only	01297 560259 enq@newlandsholidays.co.uk
Nick Tett Butchers LTD	Beaminster	Butchers. All meat locally sourced where possible. Payments over the phone welcome. Also stockists of eggs, milk, butter etc. Own made frozen ready meal specialists including vegetarian options and curries a speciality.	Collection and delivery	01308 862253 or message via Facebook
Palmers Wine Store	South Street, Bridport	Award winning real ales, Dorset Orchards ciders, ginger beer, wines & spirits direct to your door. Takeaway casks available. Place your order and pay through their website.	Collection and delivery	01308 427500 https://www.palmerswinestore.com/
Punch and Judy	West Street, Bridport	Traditional bakers. Bread, cakes, sandwiches and savouries available. Sourdough a speciality. Local delivery only.	Collection and delivery	07841 523664 or message via Facebook

Rawles Butchers	East Street, Bridport	Traditional family butchers. Telephone for more information and to place orders.	Collection only	01308 427590
Roberts Wholesaler	Dorchester	Home deliveries to people in Bridport in need of food supplies. Fresh bread baked daily, local fruit and vegetables, meat, local free range eggs and meat, local dairy products, dry goods including pasta and flour, tea, coffee and toilet paper. Minimum order £25. Free next day delivery (subject to product availability). Payment can be made over the phone or cash on delivery.	Delivery only	01305 259135 07484 510111
Timpsons	West Street, Bridport	£1 special offer on key cutting for volunteers and relations helping self- isolators. NHS medical watches and battery thermometers repaired for free, etc. Shoe repairs.	Collection only	01308 422235
The Vintage Barn	Dottery Road, Bridport	Shop is open at the present time with social distancing being applied. Local doorstep delivery of furniture and paint offered. Please telephone for more information.		01308 425651

Waste Not, Want Not	South Street, Bridport	Eco shop offering a wide range of sustainable household and personal care products and loose baking and dry food products such as pasta, flours and sugars. Covering West Dorset and East Devon from Beer to Dorchester and Weymouth. Currently only open for online and telephone orders and collection by appointment. Place your order online through their website.	Collection (by appointment only) and delivery	07775380797 https://wastenotwantnotbridport.co.uk/
West Country Catch	Link Park Rd, Chickerell, Weymouth	Fresh, locally caught seafood. Free home delivery for customers in and around Weymouth, Dorchester and Bridport for orders over £20. Check their Facebook page for mobile shop-van days and locations. Please note the van is cash only.	Collection and delivery	01305 259135 http://www.westcountrycatch.com/
The Wobbly Cottage Bakery	Broadwindsor	Delivery within a ten mile radius. Minimum £10 delivery order. No delivery charge. See Facebook or phone for product list.	Delivery only	07368200249 (Dani) 07488313857 (Rich)
Yarn	South Street, Bridport	Wool shop. Free local delivery and/or free postage and packing. Happy to top up your yarn supplies or chat through a new project.	Collection and delivery	01308 455669

Animal Care

<p>Animal House</p>	<p>South Street, Bridport</p>	<p>Pet shop. Wide range of pet accessories, toys, food (dry, wet and frozen), treats and medications available as well as wild bird seed. Free delivery. Delivery in West Dorset. Please see their Facebook for what days and where deliveries will be made.</p>	<p>Collection and delivery</p>	<p align="center">01308 424349 or message via Facebook</p>
<p>Bredy Vets</p>	<p>Sea Road North, Bridport</p>	<p>We will be restricting home visits. If you are self-isolating we may not be able to arrange a visit. If you are self-isolating, please do not visit the practice. If your pet needs veterinary attention, please ask a friend or relative to bring to them (but please avoid contact with that person). If a friend or relative cannot help, please telephone for advice. If you prefer not to come in with your pet, you can wait in the car (or outside) and we can speak to you on the phone to obtain information about your pet. We may ask you to pay by phone rather than through our receptionists.</p>		<p align="center">01308 456771</p>
<p>Elwell Grooming Salon</p>	<p>Higher Elwell Farm, Bridport</p>	<p>Dog groomers. Happy to collect and return dogs.</p>	<p>Collection and return service available</p>	<p align="center">07450 401172</p>

Haydon Vets	Gore Cross, Bridport	If you are self isolating or are in a vulnerable group then please call us if your pet needs veterinary care. We can arrange an appointment at the dedicated time between 1230 - 1330, for those who are self isolating or we can visit you at your home. The normal visit fee will be waived in the circumstances. If you are not in a vulnerable group please do not enter the building between 12:30 and 1:30pm.	01308 456808
Kay 9 Dog Training & Behaviour	Bridport	Happy to do video calls, online classes and 1-2-1 training outside on a walk. Please visit her Facebook for tutorial videos, etc and more information.	<p>Online and one-to-one service (by request)</p> <p>07926695346</p> <p>https://www.facebook.com/kay9dogtrainingandbehaviour/</p> <p>kayjoy1@googlemail.com</p>
Pets Direct & Aquatics	Old Laundry Trading Estate, Sea Road North, Bridport	Pet suppliers and aquarists. Accessories, toys, food (dry, wet and frozen), treats and medications available as well as wild bird seed.	<p>Collection and delivery</p> <p>01308 420747</p>

<p>Stroll Along Paw Paws</p>	<p>Broadoak</p>	<p>Call Anne for all your dog walking needs. £5 per hour per dog for those self-isolating within fifteen miles of Broadoak. Available daily 8am to 2pm. Visit her Facebook page for more information.</p>	<p>Collection and return service available</p>	<p>07788290152 https://www.facebook.com/Stroll-Along-Paw-Paws-193599414021358/</p>
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<p>Health and Wellbeing</p>				
<p>The I:I Diet</p>	<p>West Street, Bridport</p>	<p>We offer free private weigh ins, virtual weigh ins, home deliveries, FaceTime and home support.</p>	<p>Collection and delivery</p>	<p>07938 569959</p>
<p>Biophilia Natural Healthcare</p>	<p>West Street, Bridport</p>	<p>Anna Vogel. Offering health and well being support to anyone who needs it.</p>	<p>Delivery only</p>	<p>01308 538654</p>
<p>doTerra Cat Woolner</p>	<p>Bridport</p>	<p>Therapeutic grade essential oils.</p>	<p>Collection and delivery</p>	<p>catwdoterra@gmail.com</p>

Charlotte Grace Pilates	Symondsbury	Taster tutorial videos in pilates available to interested persons. Please email for more information.	Online service	07846 388627 or message via Facebook cattermolepilates@gmail.com http://www.charlottegracepilates.co.uk/
Dee B Yoga	Symondsbury	Taster tutorial videos in yin yoga and guided relaxation available to interested persons. Please email for more information.	Online service	01308 807007 or message via Facebook deebyoga@outlook.com
Hare Salon	South Street, Bridport	Salon sterilised between each client. We are running a 1 in - 1 out system. Only one staff member on the floor at a time to minimise risk of cross infection.	On-site service	01308 421700
Naturalife	South Street, Bridport	Holistic supplier. Minimum £20 spend. Free delivery. Deliveries within a five mile radius. Call anytime between 9am and 5pm Monday to Saturday.	Collection and delivery	01308 459690 https://www.naturalife-wholefoods.com/ https://www.facebook.com/livinganaturalife/

Plant Medicines	Bridport	Medical herbalist and counsellor. I will be available through Skype offering emotional support as well as information about herbal medicines that could potentially help. I will also be posting regularly on Facebook.	Online service	maggie.haworth (Skype) https://www.facebook.com/plant.medicines.1
The Well Life Lab	Bridport	Online nutrition and lifestyle consultations and packages (specialising in gut health) with registered nutritionist Helen Ross.	Online service	thewelllifelab@gmail.com https://www.thewelllifelab.com/
Yoga With Leah	Bridport and Salwayash	She will be offering virtual 1:1 classes online.	Online service	07877 615190 https://www.facebook.com/yogawithleahmiles/

Individual Traders and Services

Dory Jay	South West	<p>Offering a free 24 hour interpreting service for deaf non speaking people via video link. Completely confidential. Please do not hesitate to contact me if you need this service, no matter the time of day or night! I am level 3 and grew up with deaf family. I can manage with regional signing.</p>	Digital service	
Sophie Mears	Bridport	<p>Free homemade soups and limited meals available for people self-isolating, delivered for free within a five mile radius. Weekdays preferred. Donations welcome to cover costs.</p>	Collection and delivery	Sophies.slates@gmail.com
Stephanie Rowse	South Street	<p>Runs the egg stall in West Street. Now selling eggs from home as well. Per dozen: small £1.20, medium £2.20, large £2.40 and X-large £2.80. Located Just past the rectory. Sign in the window and on the door. Please be aware she may be out at times making deliveries.</p>	Collection and delivery	

Other Food Resources

<p>Community Soup Kitchen</p>	<p>Beacon Church, Priory Lane, Bridport</p>	<p>Hot fresh vegetable soups and frozen single portions. Open to everyone. No charge. Wednesdays and Fridays, 12pm – 2.30pm (may become daily in future).</p>	<p>Takeaway and delivery</p>	<p>01308 456031</p>
<p>Cupboard Love Food Bank</p>	<p>Saint Mary's Church, Bridport</p>	<p>Walk In Wednesdays, refreshments, tea and cake suspended. Open 11am. Do not congregate inside or outside church. Visitors will be seated away from each other. Goods will be pre-packed. Please telephone if you are self-isolation and require help.</p>	<p>Collection and delivery (available on request)</p>	<p>07443 596096 (Carrie Gamble) cupboardlove.bridport@gmail.com</p>
<p>Hopeful Hampers</p>	<p>The Old School Gundry Lane Bridport</p>	<p>Food bank.</p>		<p>01308 420483</p>
<p>Local Food Links</p>	<p>St Michael's Trading Estate Bridport</p>	<p>Hot meals service for schools and nurseries. Please visit our website for more information.</p>		<p>01308 428912 tim.peel@localfoodlinks.org.uk https://www.localfoodlinks.org.uk/</p>

Tradespeople

Peter George Electrical	Bridport	Business as usual for the foreseeable future. Can provide emergency call-out to anyone who requires it. See their website for a complete list of services they provide.	01308 488595 07920 093576 (emergencies) http://www.petergeorgeelectrical.co.uk/
Scott Ashton Plumbing and Heating	Crewkerne	23 years experience of all domestic plumbing and gas services. My wife works for the NHS and is screening me daily for symptoms. I am also travelling with hand sanitiser and disinfectant wipes to minimise the spread of infection along the way. While the corona virus is happening we will not be charging our usual call out fee for out of hours work.	07970 712908 s7ashton@btinternet.com

Transport

Voltz Taxis		Very happy to take part in any delivery scheme, including companies offering such a service, to help the elderly or vulnerable people in self isolation.	08000 833844
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Miscellaneous

Deliver My Newspaper	Please note that this company does not deliver to the entirety of West Dorset. Villages covered included Chickerell, Burton Bradstock, Broadwindsor and Bridport.	https://www.delivermynewspaper.co.uk/
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